ANALOG 50 μA, 2 mm × 1.7 mm WLCSP, Low Noise,
DEVICES Heart Rate Monitor for Wearable Products Heart Rate Monitor for Wearable Products

Data Sheet **[AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf)**

FEATURES

Fully integrated, single-lead electrocardiogram (ECG) front end Low quiescent supply current: 50 μA (typical) Leads on/off detection while in shutdown (<1 μA) Common-mode rejection ratio: 80 dB (dc to 60 Hz) 2 or 3 electrode configurations High signal gain (G = 100) with dc blocking capabilities 2-pole adjustable high-pass filter Accepts up to ±300 mV of half cell potential Fast restore feature improves filter settling Uncommitted op amp 3-pole adjustable low-pass filter with adjustable gain Integrated right leg drive (RLD) amplifier with shutdown Single-supply operation: 1.7 V to 3.5 V Integrated reference buffer generates virtual ground Rail-to-rail output Internal RFI filter 8 kV human body model (HBM) ESD rating Shutdown pin 2 mm × 1.7 mm WLCSP APPLICATIONS Fitness and activity heart rate monitors

Portable ECG Wearable and remote health monitors Gaming peripherals Biopotential signal acquisition, such as EMG

GENERAL DESCRIPTION

The [AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)s an integrated signal conditioning block for ECG and other biopotential measurement applications. It is designed to extract, amplify, and filter small biopotential signals in the presence of noisy conditions, such as those created by motion or remote electrode placement. This design allows an ultralow power analog-to-digital converter (ADC) or an embedded microcontroller to easily acquire the output signal.

The [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) implements a two-pole high-pass filter for eliminating motion artifacts and the electrode half cell potential. This filter is tightly coupled with the instrumentation architecture of the amplifier to allow both large gain and high-pass filtering in a single stage, thereby saving space and cost.

An uncommitted operational amplifier enables the [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) to create a three-pole, low-pass filter to remove additional noise. The user can select the frequency cutoff of all filters to suit different types of applications.

To improve the common-mode rejection of the line frequencies in the system and other undesired interferences, th[e AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf)

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FUNCTIONAL BLOCK DIAGRAM

includes an amplifier for driven lead applications, RLD.

The [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) includes a fast restore function that reduces the duration of the otherwise long settling tails of the high-pass filters. After an abrupt signal change that rails the amplifier (such as a leads off condition), th[e AD8233 a](http://www.analog.com/AD8233?doc=AD8233.pdf)utomatically adjusts to a higher filter cutoff. This feature allows th[e AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) to recover quickly, and therefore, to take valid measurements soon after connecting the electrodes to the subject.

The [AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)s available in a 2 mm \times 1.7 mm, 20-ball WLCSP package. Performance is specified from 0°C to 70°C and is operational from −40°C to +85°C.

Table 1[. AD8232 v](http://www.analog.com/AD8232?doc=AD8233.pdf)s[. AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) Comparison

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AD8233* Product Page Quick Links

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[Comparable Parts](http://www.analog.com/parametricsearch/en/11297?doc=ad8233.pdf&p0=1&lsrc=pst)

View a parametric search of comparable parts

[Evaluation Kits](http://www.analog.com/ad8233/evalkits?doc=ad8233.pdf&p0=1&lsrc=ek) \Box

• AD8233 Evaluation Board

[Documentation](http://www.analog.com/ad8233/documentation?doc=ad8233.pdf&p0=1&lsrc=doc)^[D]

Data Sheet

• AD8233: 50 μ A, 2 mm × 1.7 mm WLCSP, Low Noise, Heart Rate Monitor for Wearable Products Data Sheet

User Guides

• UG-1016: Evaluating the AD8233 50 μ A, 2 mm \times 1.7 mm WLCSP, Low Noise, Heart Rate Monitor for Wearable Products

[Tools and Simulations](http://www.analog.com/ad8233/tools?doc=ad8233.pdf&p0=1&lsrc=tools) \Box

- AD8232/AD8233 Filter Design Tool
- AD8233 SPICE Macro-Model

[Design Resources](http://www.analog.com/ad8233/designsources?doc=ad8233.pdf&p0=1&lsrc=dr)^[D]

- AD8233 Material Declaration
- PCN-PDN Information
- Quality And Reliability
- Symbols and Footprints

[Discussions](http://www.analog.com/ad8233/discussions?doc=ad8233.pdf&p0=1&lsrc=disc) \Box

View all AD8233 EngineerZone Discussions

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Visit the product page to see pricing options

[Technical Support](http://www.analog.com/support/technical-support.html?doc=ad8233.pdf&p0=1&lsrc=techs)^[]

Submit a technical question or find your regional support number

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REVISION HISTORY

8/2016—Revision 0: Initial Version

SPECIFICATIONS

 $+V_S = 1.8$ V to 3 V \pm 5.5%, V_{REF} = $+V_S/2$, V_{CM} = $+V_S/2$, T_A = 25°C, FR = low, \overline{SDN} = high, AC/ \overline{DC} = low, RLD \overline{SDN} = low, unless otherwise noted.

Table 2.

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1 Offset referred to the input of the instrumentation amplifier inputs. 2 In ac leads off and shutdown mode, the dc leads off comparator at the +IN pin trips the LOD pin.

ABSOLUTE MAXIMUM RATINGS

Table 3.

¹ This level or the maximum specified supply voltage, whichever is the lesser, indicates the superior voltage limit for any terminal. If input voltages beyond the specified minimum or maximum voltages are expected, place resistors in series with the inputs to limit the current to less than 5 mA.

Stresses at or above those listed under Absolute Maximum Ratings may cause permanent damage to the product. This is a stress rating only; functional operation of the product at these or any other conditions above those indicated in the operational section of this specification is not implied. Operation beyond the maximum operating conditions for extended periods may affect product reliability.

THERMAL RESISTANCE

Thermal performance is directly linked to printed circuit board (PCB) design and operating environment. Careful attention to PCB thermal design is required.

¹ Simulated thermal numbers per JESD51-9: 1-layer PCB (1S0P), low effective thermal conductivity test board.

² 4-layer PCB (2S2P), high effective thermal conductivity test board.

ESD CAUTION

ESD (electrostatic discharge) sensitive device. Charged devices and circuit boards can discharge without detection. Although this product features patented or proprietary protection circuitry, damage may occur on devices subjected to high energy ESD. Therefore, proper ESD precautions should be taken to avoid performance degradation or loss of functionality.

PIN CONFIGURATION AND FUNCTION DESCRIPTIONS

Table 5. Pin Function Descriptions

TYPICAL PERFORMANCE CHARACTERISTICS

 $+V_s = 3$ V, $V_{REF} = 1.5$ V, $V_{CM} = 1.5$ V, $T_A = 25$ °C, unless otherwise noted.

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ARCHITECTURE OVERVIEW

The [AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)s an integrated front end for signal conditioning of cardiac biopotentials for heart rate monitoring. It consists of a specialized instrumentation amplifier (IA), an operational amplifier (A1), a right leg drive amplifier (A2), and a midsupply reference buffer (A3). In addition, the [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) includes leads on/off detection circuitry and an automatic fast restore circuit that restores the signal shortly after leads are reconnected.

The [AD8233 c](http://www.analog.com/AD8233?doc=AD8233.pdf)ontains a specialized instrumentation amplifier that amplifies the ECG signal while rejecting the electrode half cell potential on the same stage. The amplification of the ECG signal and the rejection of the electrode half cell potential are possible with an indirect current feedback architecture, which reduces size and power compared with traditional implementations.

INSTRUMENTATION AMPLIFIER

The instrumentation amplifier is shown in [Figure 50 a](#page-17-4)s comprised by two well matched transconductance amplifiers (GM1 and GM2), the dc blocking amplifier (HPA), and an integrator formed by C1 and an op amp. The transconductance amplifier, GM1, generates a current that is proportional to the voltage present at its inputs. When the feedback is satisfied, an equal voltage appears across the inputs of the transconductance amplifier, GM2, thereby matching the current generated by GM1. The difference generates an error current that is integrated

across Capacitor C1. The resulting voltage appears at the output of the instrumentation amplifier.

The feedback of the amplifier is applied via GM2 through two separate paths: the two resistors divide the output signal to set an overall gain of 100, whereas the dc blocking amplifier integrates any deviation from the reference level. Consequently, dc offsets as large as ±300 mV across the GM1 inputs appear inverted and with the same magnitude across the inputs of GM2, all without saturating the signal of interest.

To increase the common-mode voltage range of the instrumentation amplifier, a charge pump boosts the supply voltage for the two transconductance amplifiers. This boost in supply voltage further prevents saturation of the amplifier in the presence of large common-mode signals, such as line interference. The charge pump runs from an internal oscillator, the frequency of which is set around 500 kHz.

OPERATIONAL AMPLIFIER

The general-purpose operational amplifier (A1) is a rail-to-rail device that can be used for low-pass filtering and to add additional gain. The following sections provide details and example circuits that use this amplifier.

RIGHT LEG DRIVE AMPLIFIER

The right leg drive (RLD) amplifier inverts the common-mode signal that is present at the instrumentation amplifier inputs. When the right leg drive output current is injected into the subject, it counteracts common-mode voltage variations, thus improving the common-mode rejection of the system.

The common-mode signal that is present across the inputs of the instrumentation amplifier is derived from the transconductance amplifier, GM1. It is then connected to the inverting input of A2 through a 150 kΩ resistor.

An integrator can be built by connecting a capacitor between the RLD FB and RLD terminals. A good starting point is a 1 nF capacitor, which places the crossover frequency at about 1 kHz (the frequency at which the amplifier has an inverting unity gain). This configuration results in about 26 dB of loop gain available at a frequency range from 50 Hz to 60 Hz for common-mode line rejection. Higher capacitor values reduce the crossover frequency, thereby reducing the gain that is available for rejection and, consequently, increasing the line noise. Lower capacitor values move the crossover frequency to higher frequencies, allowing increased gain. The tradeoff is that with higher gain, the system can become unstable and saturate the output of the right leg amplifier.

When using this amplifier to drive an electrode, place a resistor in series with the output to limit the current to be always less than 10 μA, even in fault conditions. For example, if the supply used is 3.0 V, ensure that the resistor is greater than 330 k Ω to account for component and supply variations.

In two electrode configurations, A2 can be shut down by setting RLD SDN low for additional power savings. If left in shutdown, it is recommended to leave both RLD and RLDFB floating. Alternatively, RLD can be used to bias the inputs through 10 MΩ resistors as described in th[e Leads On/Off Detection](#page-19-0) section. When the [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) is in shutdown and dc leads off detection mode, RLD pulls down towards ground. This pulldown acts as an LOD wake-up function, pulling the inputs down when the electrodes are reconnected.

REFERENCE BUFFER

The [AD8233 o](http://www.analog.com/AD8233?doc=AD8233.pdf)perates from a single supply. To simplify the design of single-supply applications, the [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) includes a reference buffer to create a virtual ground between the supply voltage and the system ground. The signals present at the output of the instrumentation amplifier are referenced around this voltage. For example, if there is zero differential input voltage, the voltage at the output of the instrumentation amplifier is this reference voltage.

The reference voltage level is set at the REFIN pin. It can be set with a voltage divider or by driving the REFIN pin from some other point in the circuit (for example, from the ADC reference). The voltage is available at the REFOUT pin for the filtering circuits or for an ADC input.

Figure 52. Setting the Internal Reference

To limit the power consumption of the voltage divider, the use of large resistors is recommended, such as 10 MΩ. The designer must keep in mind that high resistor values make it easier for interfering signals to appear at the input of the reference buffer. To minimize noise pickup, it is recommended to place the resistors close to each other and as near as possible to the REFIN terminal. Furthermore, use a capacitor in parallel with the lower resistor on the divider for additional filtering, as shown in [Figure 52.](#page-18-3) Keep in mind that a large capacitor results in better noise filtering but it takes longer to settle the reference after power-up. The total time it takes the reference to settle within 1% can be estimated with the formula

$$
t_{SETTL_REFERENCE} = 5 \times \frac{R1 \times R2 \times C1}{R1 + R2}
$$

Note that disabling the [AD8233 w](http://www.analog.com/AD8233?doc=AD8233.pdf)ith the shutdown terminal does not discharge this capacitor.

FAST RESTORE CIRCUIT

Because of the low cutoff frequency used in high-pass filters in ECG applications, signals may require several seconds to settle. This settling time can result in a frustrating delay for the user after a step response: for example, when the electrodes are first connected.

This fast restore function is implemented internally, as shown in [Figure 53.](#page-18-4) The output of the instrumentation amplifier is connected to a window comparator. The window comparator detects a saturation condition at the output of the instrumentation amplifier when its voltage approaches 0.1 V from either supply rail.

Figure 53. Fast Restore Circuit

Figure 54. Timing Diagram for Fast Restore Switches (Time Base Not to Scale)

If this saturation condition is present when both input electrodes are attached to the subject, the comparator triggers a timing circuit that automatically closes Switch S1 and Switch S2 (see [Figure 54 f](#page-19-1)or a timing diagram).

These two switches (S1 and S2) enable two different 10 k Ω resistor paths: one between HPSENSE and IAOUT and another between SW and REFOUT. During the time Switch S1 and Switch S2 are enabled, these internal resistors appear in parallel with their corresponding external resistors forming high-pass filters. The result is that the equivalent lower resistance shifts the pole to a higher frequency, delivering a quicker settling time. Note that the fast restore settling time depends on how quickly the internal 10 k Ω resistors of the [AD8233 c](http://www.analog.com/AD8233?doc=AD8233.pdf)an drain the capacitors in the high-pass circuit. Smaller capacitor values result in a shorter settling time.

If, by the end of the timing, the saturation condition persists, the cycle repeats. Otherwise, th[e AD8233 r](http://www.analog.com/AD8233?doc=AD8233.pdf)eturns to its normal operation. If either of the leads off comparator outputs is indicating that an electrode is disconnected, the timing circuit is prevented from triggering because it is assumed that no valid signal is present. To disable fast restore, drive the FR pin low or tie it permanently to GND.

LEADS ON/OFF DETECTION

The [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) includes leads off detection. It features ac and dc detection modes that both work with two and three electrode configurations. Ultralow power comparators allow the leads on/off detection to remain functional in shutdown mode, allowing power savings at the system level when the LOD output is used as a wake-up signal for the microcontroller.

DC Leads On/Off Detection

The dc leads off detection mode can be used in two or three electrode configurations. It works by sensing when either instrumentation amplifier input voltage is within 0.27 V from the positive rail. The lowest power use case for the [AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)s two electrode dc mode. A pull-up resistor on +IN and a pulldown resistor on −IN creates a voltage divider when the electrodes are connected, setting the input common mode to midsupply. When the electrodes disconnect, the comparator monitoring $+IN$ sets LOD high when the input pulls to $+V_s$.

Figure 55. Circuit Configuration for Two Electrode DC Leads Off Detection

For three electrode dc mode, each input must have a pull-up resistor connected to the positive supply. During normal operation, the potential of the subject must be inside the common-mode range of the instrumentation amplifier, which is only possible if a third electrode is connected to the output of the right leg drive amplifier.

Figure 56. Circuit Configuration for Three Electrode DC Leads Off Detection

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Th[e AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)ndicates when any electrode is disconnected by setting the LOD pin high. To use this mode, connect the AC/DC pin to ground.

AC Leads On/Off Detection

The ac leads off detection mode is useful when using two electrodes. In this case, a conduction path must exist between the two electrodes, which is usually formed by two resistors, as shown in [Figure 57.](#page-20-1)

These resistors also provide a path for bias return on each input. Connect each resistor to REFOUT or RLD to maintain the inputs within the common-mode range of the instrumentation amplifier.

Figure 57. Circuit Configuration for Two Electrode AC Leads Off Detection

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The [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) detects when an electrode is disconnected by forcing a small 100 kHz current into the input terminals. This current flows through the external resistors from IN+ to IN− and develops a differential voltage across the inputs, which is then synchronously detected and compared to an internal threshold. The recommended value for these external resistors is 10 MΩ. Low resistance values make the differential drop too low to be detected and lower the input impedance of the amplifier. When the electrodes are attached to the subject, the impedance of this path must be less than 3 $M\Omega$ to maintain the drop below the threshold of the comparator.

To use the ac leads off mode, tie the AC/DC pin to the positive supply rail. Note that, whereas REFOUT is at a constant voltage value, using the RLD output as the input bias may be more effective in rejecting common-mode interference at the expense of additional power.

In three electrode ac leads off detection mode, as shown in [Figure 58,](#page-20-2) pull-up resistors are not required, which improves the input impedance of the circuit. This mode is beneficial for dry electrode applications. The ac mode currents contribute 1/f noise to the system; therefore, depending on the application, it may be advantageous to use ac leads off detection as a spot check and then switching to dc mode for improved ECG acquisition.

The ac leads off detection mode continues to function in shutdown mode as well. To keep the power under 1 μA, the clock is disabled and the ac currents become dc currents. The current source on +IN is 250 nA, while the current sink on –IN is −300 nA. The stronger pull-down current on −IN acts as a wake-up function, pulling LOD low when the electrodes are reconnected.

STANDBY OPERATION

The [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) includes a shutdown pin (SDN) that further enhances the flexibility and ease of use in portable applications where power consumption is critical. A logic level signal can be applied to this pin to switch to shutdown mode, even when the supply is still on.

Driving the SDN pin low places th[e AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) in shutdown mode and draws less than 1 μA of supply current, offering considerable power savings. To enter normal operation, drive SDN high; when not using this feature, permanently tie $\overline{\text{SDN}}$ to +V_S.

During shutdown operation, th[e AD8233 c](http://www.analog.com/AD8233?doc=AD8233.pdf)annot maintain the REFOUT voltage, but it does not drain the REFIN voltage, thereby maintaining this additional conduction path from the supply to ground.

When emerging from a shutdown condition, the charge stored in the capacitors on the high-pass filters can saturate the instrumentation amplifier and subsequent stages. The use of the fast restore feature helps reduce the recovery time and, therefore, minimize on time in power sensitive applications.

Using leads on/off detection in shutdown mode allows system level power saving. The microcontroller enters sleep mode when the electrodes are disconnected, and the LOD signal acts as an interrupt to wake up the microcontroller. An example of this functionality is shown i[n Figure 59.](#page-20-3)

Figure 59. Electrode Connection and System Wakeup Sequence

Figure 58. Circuit Configuration for Three Electrode AC Leads Off Detection

INPUT PROTECTION

All terminals of th[e AD8233 a](http://www.analog.com/AD8233?doc=AD8233.pdf)re protected against ESD. In addition, the input structure allows dc overload conditions that are a diode drop above the positive supply and a diode drop below the negative supply. Voltages beyond a diode drop of the supplies cause the ESD diodes to conduct and enable current to flow through the diode. Therefore, use an external resistor in series with each of the inputs to limit current for voltages beyond the supplies. In either scenario, the [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) safely handles a continuous 5 mA current at room temperature.

For applications where th[e AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) encounters extreme overload voltages, such as in cardiac defibrillators, use external series resistors and gas discharge tubes (GDT). Neon lamps are commonly used as an inexpensive alternative to GDTs. These devices can handle the application of large voltages but do not maintain the voltage below the absolute maximum ratings for th[e AD8233.](http://www.analog.com/AD8233?doc=AD8233.pdf) A complete solution includes further clamping to either supply using additional resistors and low leakage diode clamps, such as BAV199 or FJH1100.

As a safety measure, place a resistor between the input pin and the electrode that is connected to the subject to ensure that the current flow never exceeds 10 μA. Calculate the value of this resistor to be equal to the supply voltage across th[e AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) divided by 10 μA.

RADIO FREQUENCY INTERFERENCE (RFI)

Radio frequency (RF) rectification is often a problem in applications where there are large RF signals. The problem appears as a dc offset voltage at the output. Th[e AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) has a 15 pF gate capacitance and 10 kΩ resistors at each input. This forms a low-pass filter on each input that reduces rectification at high frequency (se[e Figure 60\)](#page-21-5) without the addition of external elements.

Figure 60. RFI Filter Without External Capacitors

For increased filtering, additional resistors can be added in series with each input. They must be placed as close as possible to the instrumentation amplifier inputs. These can be the same resistors used for overload and patient protection.

POWER SUPPLY REGULATION AND BYPASSING

The [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) is designed to be powered directly from a single 3 V battery, such as CR2032 type. It can also operate from rechargeable Li-Ion batteries, but the designer must take into account that the voltage during a charge cycle may exceed the absolute maximum ratings of the [AD8233.](http://www.analog.com/AD8233?doc=AD8233.pdf) To avoid damage to the device, use a power switch or a low power, low dropout regulator, such as the [ADP150 o](http://www.analog.com/ADP150?doc=AD8233.pdf)[r ADP160.](http://www.analog.com/ADP160?doc=AD8233.pdf)

In addition, excessive noise on the supply pins can adversely affect performance. As in all linear circuits, bypass capacitors must be used to decouple the chip power supplies. Place a 0.1 μF capacitor close to the supply pin. A 1 μF capacitor can be used farther away from the device. In most cases, the capacitor can be shared by other integrated circuits. Keep in mind that excessive decoupling capacitance increases power dissipation during power cycling.

INPUT REFERRED OFFSETS

Because of its internal architecture, the instrumentation amplifier must be used always with the dc blocking amplifier, shown as HPA i[n Figure 50.](#page-17-4)

As described in th[e Theory of Operation s](#page-17-0)ection, the dc blocking amplifier attenuates the input referred offsets present at the inputs of the instrumentation amplifier; however, this is true only when the dc blocking amplifier is used as an integrator. In this configuration, the input offsets from the dc blocking amplifier dominate appearing directly at the output of the instrumentation amplifier.

If the dc blocking amplifier is used as a follower instead of its intended function as an integrator, the input referred offsets of the in-amp are amplified by a factor of 100.

LAYOUT RECOMMENDATIONS

It is important to follow good layout practices to optimize system performance. In low power applications, most resistors are of a high value to minimize additional supply current. The challenge of using high value resistors is that high impedance nodes become even more susceptible to noise pickup and board parasitics, such as capacitance and surface leakages. Keep all of the connections between high impedance nodes as short as possible to avoid introducing additional noise and errors from corrupting the signal.

To maintain high CMRR over frequency, keep the input traces symmetrical and length matched. Place safety and input bias resistors in the same position relative to each input. In addition, the use of a ground plane significantly improves the noise rejection of the system.

For WLCSP layout best practices, refer to th[e AN-617](http://www.analog.com/AN-617?doc=AD8233.pdf) [Application Note.](http://www.analog.com/AN-617?doc=AD8233.pdf)

APPLICATIONS INFORMATION **ELIMINATING ELECTRODE OFFSETS**

The instrumentation amplifier in the [AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)s designed to apply gain and to filter out near dc signals simultaneously. This capability allows the device to amplify a small ECG signal by a factor of 100 while rejecting electrode offsets as large as ±300 mV.

To achieve offset rejection, connect an RC network between the output of the instrumentation amplifier, HPSENSE, and HPDRIVE, as shown in [Figure 61.](#page-22-3)

Figure 61. Eliminating Electrode Offsets

This RC network forms an integrator that feeds any near dc signals back into the instrumentation amplifier, thus eliminating the offsets without saturating any node and maintaining high signal gain.

In addition to blocking offsets present across the inputs of the instrumentation amplifier, this integrator also works as a highpass filter that minimizes the effect of slow moving signals, such as baseline wander. The cutoff frequency of the filter is given by the following equation:

$$
fc = \frac{100}{2\pi RC} \tag{1}
$$

where R is in Ω and C is in farads.

Note that the filter cutoff is 100 times higher than is typically expected from a single-pole filter. Because of the feedback architecture of the instrumentation amplifier, the typical filter cutoff equation is modified by a gain of 100 from the instrumentation amplifier.

As with any high-pass filter with low frequency cutoff, a fast change in dc offset requires a long time to settle. If such a change saturates the instrumentation amplifier output, the S1 switch briefly enables the 10 kΩ resistor path, thus moving the cutoff frequency to

$$
f_C = \frac{100(R + 10^4)}{2\pi RC(10^4)}\tag{2}
$$

For values of R greater than 100 kΩ, the expression in Equation 2 can be approximated by

$$
f_C = \frac{1}{200 \pi C} \tag{3}
$$

This higher cutoff frequency reduces the settling time and enables faster recovery of the ECG signal. For more information, see th[e Fast Restore Circuit](#page-18-2) section.

HIGH-PASS FILTERING

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The [AD8233 c](http://www.analog.com/AD8233?doc=AD8233.pdf)an implement higher order high-pass filters. A higher filter order yields better artifact rejection at the cost of increased signal distortion and more passive components on the PCB.

Two-Pole High-Pass Filter

A two-pole architecture can be implemented by adding a simple ac coupling RC at the output of the instrumentation amplifier, as shown i[n Figure 63.](#page-22-4)

Note that the right side of C2 connects to the SW terminal. As with S1, S2 reduces the recovery time for this ac coupling network by placing 10 k Ω in parallel with R2. See the Fast Restore [Circuit s](#page-18-2)ection for additional details on switch timing and trigger conditions.

Note that, if this passive network is not buffered, it exhibits higher output impedance at the input of a subsequent low-pass filter, such as with Sallen-Key filter topologies. Careful component selection results in reliable performance without a buffer. See the [Low-Pass Filtering and Gain s](#page-24-0)ection for additional information on component selection.

Additional High-Pass Filtering Options

In addition to the topologies explained in the previous sections, an additional pole may be added to the dc blocking circuit for the rejection of low frequency signals. This configuration is shown in [Figure 64.](#page-23-0)

Figure 64. Schematic for an Alternative Two-Pole, High-Pass Filter

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An extra benefit of this circuit topology is that it allows a lower cutoff frequency with lower R and C values. The resistor, R_{COMP} , can also be used to control the quality factor (Q) of the filter to achieve narrow band-pass filters (for heart rate detection) or maximum pass-band flatness (for cardiac monitoring).

With this circuit topology, the filter attenuation reverts to a single-pole roll-off at very low frequencies. Because the initial roll-off is 40 dB per decade, this reversion to 20 dB per decade has little impact on the ability of the filter to reject out of band low frequency signals.

The designer may choose different values to achieve the desired filter performance. To simplify the design process, use the following recommendations as a starting point for component value selection.

 $RI = R2 \ge 100 \text{ k}\Omega$ *C1* = *C2* $R_{COMP} = 0.14 \times R1$

The cutoff frequency is located at

$$
f_C = \frac{10}{2\pi\sqrt{R1 \times C1 \times R2 \times C2}}
$$

The selection of R_{COMP} to be 0.14 times the value of the other two resistors optimizes the filter for a maximally flat pass band. Reduce the value of R_{COMP} to increase the Q and, consequently, the peaking of the filter. Note that a very low RCOMP value may result in an unstable circuit. The selection of values based on these criteria results in a transfer function similar to what is shown in [Figure 65.](#page-23-1) When additional low frequency rejection is desired, a high-order, high-pass filter can be implemented by adding an ac coupling network at the output of the instrumentation amplifier, as shown in [Figure 65.](#page-23-1) The SW terminal is connected to the ac coupling network to obtain the best settling time response when fast restore engages.

Figure 66. Frequency Response of the Circuits Shown i[n Figure 64 a](#page-23-0)n[d Figure 65](#page-23-1)

Careful analysis and adjustment of all of the component values in practice is recommended to optimize the filter characteristics. To reduce the value of R_{COMP}, increase the peaking of the active filter to overcome the additional roll-off introduced by the ac coupling network. Proper adjustment yields the best pass-band flatness.

Table of Comparison of High-Tass I meeting Options						
Figure to Reference	Filter Order	Component Count	Low Frequency Rejection	Capacitor Sizes/Values	Signal Distortion ¹	Output Im pedance ²
Figure 61			Good	Large	Low	Low
Figure 63		4	Better	Large	Medium	Higher
Figure 64			Better	Smaller	Medium	Low
Figure 65			Best	Smaller	Highest	Higher

Table 6. Comparison of High-Pass Filtering Options

¹ The signal distortion is for the equivalent corner frequency location.
² Output impedance refers to the drive capability of the bigh-pass filts

² Output impedance refers to the drive capability of the high-pass filter before the low-pass filter. Low output impedance is desirable to allow flexibility in the selection of values for a low-pass filter, as explained in the Low-Pass Filtering and Gain section.

The design of the high-pass filter involves trade-offs between signal distortion, component count, low frequency rejection, and component size. For example, a single-pole, high-pass filter results in the least distortion to the signal, but the associated rejection of low frequency artifacts is the lowest of the available filter options[. Table 6 c](#page-24-1)ompares the recommended filtering options.

LOW-PASS FILTERING AND GAIN

The [AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)ncludes an uncommitted op amp that can be used for extra gain and filtering. For applications that do not require a high order filter, a simple RC low-pass filter is sufficient, and the op amp can buffer or further amplify the signal.

Figure 67. Schematic for a Single-Pole, Low-Pass Filter and Additional Gain

A Sallen-Key filter topology can be implemented for applications that require a steeper roll-off or a sharper cutoff frequency, as shown in [Figure 68.](#page-24-2)

Figure 68. Schematic for a Two-Pole, Low-Pass Filter

The following equations describe the low-pass cutoff frequency (f_C) , gain, and Q:

$$
f_C = 1/(2\pi\sqrt{(R1 \times C1 \times R2 \times C2)})
$$

\nGain = 1 + R3/R4
\n
$$
Q = \frac{\sqrt{R1 \times C1 \times R2 \times C2}}{R1 \times C2 \times R2 \times C2 + R1 \times C1(1 - Gain)}
$$

Note that changing the gain has an effect on Q and vice versa. Common values for Q are 0.5, to avoid peaking, or 0.7 for maximum flatness and a sharp cutoff frequency. Use a high Q value in narrow-band applications to increase peaking and the selectivity of the band-pass filter.

A common design procedure is to set $R1 = R2 = R$ and $C1 = C2 =$ C, simplifying the expressions for the cutoff frequency and Q to

$$
f_C = 1/(2\pi RC)
$$

$$
Q = \frac{1}{3 - Gain}
$$

Note that Q can be controlled by setting the gain with R3 and R4; however, this limits the gain to be less than 3. For gain values equal to or greater than 3, the circuit becomes unstable. A simple modification that allows higher gains is to make the value of C2 at least four times larger than C1.

Note that these design equations only hold true in a case where the output impedance of the previous stage is much lower than the input impedance of the Sallen-Key filter. The design equations do not hold true when using an ac coupling network between the instrumentation amplifier output and the input of the lowpass filter without a buffer.

To connect these two filtering stages properly without a buffer, make the value of R1 at least 10 times larger than the resistor of the ac coupling network (labeled as R2 in [Figure 63\)](#page-22-4).

Driving ADCs

The ability o[f AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) to drive capacitive loads makes it ideal for driving an ADC without an additional buffer. However, depending on the input architecture of the ADC, a simple, lowpass RC network may be required to decouple the transients from the switched capacitor input typical of modern ADCs. This RC network also acts as an additional filter that can help reduce noise and aliasing. Follow the recommended guidelines from the ADC data sheet for the selection of proper R and C values. [Table 7 l](#page-25-1)ists compatible ADCs by category.

Table 7. Compatible ADCs by Category

DRIVEN ELECTRODE

A driven lead (or reference electrode) is often used to minimize the effects of common-mode voltages induced by the power line and other interfering sources. Th[e AD8233 e](http://www.analog.com/AD8233?doc=AD8233.pdf)xtracts the commonmode voltage from the instrumentation amplifier inputs and makes it available through the RLD amplifier to drive an opposing signal into the patient. This functionality maintains the voltage between the patient and the [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) at a near constant, greatly improving the CMRR.

As a safety measure, place a resistor between the RLD pin (Pin D5) and the electrode connected to the subject to ensure that current flow never exceeds 10 μA. Calculate the value of this resistor to be equal to the supply voltage across th[e AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) divided by 10 μA.

The [AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)mplements an integrator formed by an internal 150 kΩ resistor and an external capacitor to drive this electrode. The choice of the integrator capacitor is a trade-off between line rejection capability and stability. It is recommended that the capacitor be small to maintain as much loop gain as possible, around 50 Hz and 60 Hz, which is typical for line frequencies. For stability, it is recommended that the gain of the integrator be less than unity gain at the frequency of any other poles in the loop, such as those formed by the capacitance and the safety resistors of the patient. The suggested application circuits use a 1 nF capacitor, which results in a loop gain of about 20 at line frequencies, with a crossover frequency of about 1 kHz.

In a 2-lead configuration, the RLD pin (Pin D5) amplifier can be shut down or used to drive the bias current resistors on the inputs. Although not as effective as a true driven electrode, this configuration can provide some common-mode rejection improvement if the sense electrode impedance is small and well matched.

APPLICATION CIRCUITS **HEART RATE MEASUREMENT (HRM) NEXT TO THE HEART**

For wearable exercise devices, the [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) is typically placed in a pod near the heart. The two sense electrodes are placed under the pectoral muscles; no driven electrode is used. Because the distance from the heart to th[e AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) is small, the heart signal is strong and there is less muscle artifact interference.

In this wearable device configuration, space is at a premium. By using as few external components as possible, the circuit in [Figure 70 i](#page-26-3)s optimized for size.

Figure 70. Circuit for HRM Next to the Heart

A shorter distance from th[e AD8233 t](http://www.analog.com/AD8233?doc=AD8233.pdf)o the heart makes this application less vulnerable to common-mode interference. However, because RLD (Pin D5) is not used to drive an electrode, it can be used to improve the common-mode rejection by maintaining the midscale voltage through the 10 MΩ bias resistors. Alternatively, tie RLD SDN low to save power, and tie the bias resistors to REFOUT.

A single-pole, high-pass filter is set at 7 Hz, and there is no low-pass filter. No gain is used on the output op amp, thereby reducing the number of resistors for a total system gain of 100. (se[e Figure 71\)](#page-26-4).

Figure 71. Frequency Response for HRM Next to the Heart Circuit

The input terminals in this configuration use two 180 kΩ resistors to protect the user from fault conditions. Two 10 MΩ resistors provide input bias. Use higher values for electrodes with high output impedance, such as cloth electrodes.

The schematic also shows two 10 $M\Omega$ resistors to set the midscale reference voltage. If there is already a reference voltage available, it can be driven into the REFIN input to eliminate these two 10 $M\Omega$ resistors.

EXERCISE APPLICATION—HEART RATE MEASURED AT THE HANDS

In this application, the heart rate signal is measured at the hands with stainless steel electrodes. The arm and upper body movement of the user create large motion artifacts, and the long lead length makes the system susceptible to common-mode interference. A very narrow band-pass characteristic is required to separate the heart signal from the interferers.

Figure 72. Circuit for HRM at Hands

The circuit i[n Figure 72](#page-26-5) uses a two-pole, high-pass filter set at 7 Hz. A two-pole, low-pass filter at 24 Hz follows the high-pass filters to eliminate any other artifacts and line noise.

Figure 73. Frequency Response for HRM Circuit Taken at the Hands

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Data Sheet **AD8233**

The overall narrow-band nature of the two-pole, low-pass filter filter combination distorts the ECG waveform significantly. Therefore, it is only suitable to determine the heart rate, and not to analyze the ECG signal characteristics.

The low-pass filter stage also includes a gain of 11, bringing the total system gain close to 1100. Because the ECG signal is measured at the hands, it is weaker than when measured closer to the heart.

The RLD circuit drives to the third electrode, which can also be located at the hands, to cancel common-mode interference.

HOLTER MONITOR CONFIGURATION

The circuit i[n Figure 75](#page-27-1) is designed for monitoring the shape of the ECG waveform.

To obtain an ECG waveform with minimal distortion, the [AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)s configured with a 0.5 Hz, single-pole, high-pass filter, followed by a two-pole, 40 Hz, low-pass filter. A third electrode is driven for optimum common-mode rejection.

Figure 74. Frequency Response of Holter Monitor Circuit

In addition to 40 Hz filtering, the op amp stage is configured for a gain of 2, resulting in a total system gain of 200. Keeping the gain lower helps with any motion artifacts picked up in band. To optimize the dynamic range of the system, the gain level is adjustable, depending on the input signal amplitude (which may vary with electrode placement) and ADC input range.

SYNCHRONIZED ECG AND PPG MEASUREMENT

In wearable devices developed for monitoring the health care of patients, it is often necessary to have synchronized measurements of biomedical signals. For example, a synchronous measurement of a ECG and photoplethysmograph (PPG) can be used to determine the pulse wave transit time (PWTT), which can then be used to estimate blood pressure.

The circuit shown i[n Figure 77](#page-28-1) shows a synchronous ECG and PPG measurement using th[e AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) and the [ADPD105](http://www.analog.com/ADPD105?doc=AD8233.pdf) photometric front end. The [AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)mplements a two-pole, high-pass filter with a cutoff frequency of 0.3 Hz, and a two-pole, low-pass filter with a cutoff frequency of 37 Hz. The output of the [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) is fed to one of the current inputs of the [ADPD105](http://www.analog.com/ADPD105?doc=AD8233.pdf) through a 50 kΩ resistor to convert the voltage output of the [AD8233 i](http://www.analog.com/AD8233?doc=AD8233.pdf)nto a current. The PPG signal is acquired by the [ADPD105,](http://www.analog.com/ADPD105?doc=AD8233.pdf) which is a complete optical transceiver with integrated LED drivers, multiple photodiode current inputs, an integrated, 14-bit, successive approximation (SAR) ADC, and a FIFO. In the circuit shown, the chip scale [ADPD105 i](http://www.analog.com/ADPD105?doc=AD8233.pdf)s used; the [ADPD105 i](http://www.analog.com/ADPD105?doc=AD8233.pdf)s a two input device. Th[e ADPD105 i](http://www.analog.com/ADPD105?doc=AD8233.pdf)s configured to alternately measure the photodiode signal and the ECG signal from the [AD8233](http://www.analog.com/AD8233?doc=AD8233.pdf) on consecutive time slots to provide fully synchronized PPG and ECG measurements. Data can be read out of the on-chip FIFO or straight from the data registers. The

[ADPD105](http://www.analog.com/ADPD105?doc=AD8233.pdf) channel that processes the ECG signal must be set up in either pulse connect mode or transimpedance amplifier (TIA) ADC mode, and the input bias voltage must be set to the 0.9 V setting. The TIA gain setting can be set to optimize the dynamic range of the signal path. The channel used to process the PPG signal is configured in its normal operating mode. [Figure 76](#page-28-2) shows a plot of a synchronized ECG and PPG measurement using the [AD8233 w](http://www.analog.com/AD8233?doc=AD8233.pdf)ith th[e ADPD105.](http://www.analog.com/ADPD105?doc=AD8233.pdf)

Figure 76. Synchronous ECG and PPG Measurement Using th[e AD8233 w](http://www.analog.com/AD8233?doc=AD8233.pdf)ith th[e ADPD105](http://www.analog.com/ADP105?doc=AD8233.pdf)

Figure 77. Synchronous ECG and PPG Measurement Circuit

PACKAGING AND ORDERING INFORMATION

OUTLINE DIMENSIONS

ORDERING GUIDE

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